

11.0 WORKING AT HEIGHT

11.1 Background

"work at height" means

- (a) work in any place, including a place at or below ground level
- (b) obtaining access to or egress from such place while at work, except by a staircase in a permanent workplace.

11.2 Applicable Legislation

Work at Height Regulations 2005

Health & Safety at Work Act 1974 section 2 and 3

Management of Health and Safety at Work Regulations 1999

11.3 Procedure

Forest Edge Construction will ensure that no person engages in any activity, including organisation, planning and supervision, in relation to work at height or work equipment for use in such work unless they are competent to do so.

All Working at Height is subject to a risk assessment with the necessary control measures in place.

Equipment used for working at height within Forest Edge Construction is a combination of step ladders, extendable ladders, and scaffolding. Forest Edge Construction acknowledges that ladders are best used as a means of access and will only be used for short duration work or where it is not reasonably practicable to use alternative equipment.

All ladders used are visually inspected each time before use for any visible damage, and formally inspected at suitable intervals and each time exceptional circumstances occur that are liable to jeopardise the safety of the work equipment.

All employees will be provided with the necessary information, instruction and training with regards to working at height and the use of ladders.

Ladder Use Guidance

1. Ensure that the ladder is strong enough for the job and in good condition
2. Ensure that all ladders are secured or extend a sufficient height above the working level
3. Work can be carried out without the need for stretching
4. 3 points of contact are maintained at all times
5. The ladder is footed on a sound base
6. The ladder should ideally be pitched at 75°

Work in attics

Subject to a risk assessment, all attic work must be carefully planned before work commences. The necessary PPE must be provided and there is a risk of a fall from height to a lower level, crawling boards must be used.

All employees will be provided with the necessary information, instruction and training with regards to working in attics